

Stress Relief
Week Report Sixteen 1/03/18-1/07/18

Week sixteen was an easier week than the others. It might have been because it was only five days or it might have been because there was not an assessment. While it was an easier week there still is a lot to do.

The first thing that needed to be completed was the display board. The problem here was not knowing where to start, with the title, the information, or the name? The easiest solution to this was to lay it all out before actually glueing anything down, this allowed changes to the arrangement if necessary. The hardest thing with the board was not always knowing what to do next, but I had to go with the flow and jump around a lot from one thing to the other in order to make decisions. All in all, the board came out a lot better than expected.

The next challenge to tackle is the original work. The original work is due in two weeks and I decided to change mine. The first one just did not help as much as I wanted it to help. While it sounds like a crazy idea, changing the original work creates more motivation because it is more interesting now. The only problem is that it will require a lot more time over these next two weeks. The best way to deal with this is utilizing class time and any free time available to work on the original work.

Other than the display board and the original work change, not much happened in week sixteen. This helped provide a much needed break from constant stress. This stress relief then led to motivation to work on the original work again.