

The Light at the End of the Tunnel

Weekly Report Twenty-Three 02/19/18-02/25/18

The main focus these past two weeks has been finding an idea for the final product that works for everyone. This finally happened on Thursday, an idea that everyone loved was found. This was very exciting and calming.

The new idea is to plan and hold a parent training class about applied behavior analysis therapy. It will allow me to do the research about how applied behavior analysis therapy works and how it helps and how it can be explained, in order to put all of this into a presentation and a hand out for me to explain. I will also compile a couple of professionals in the field to act as a panel to give their opinion and answer any questions for anyone who has questions. This final product is one that has more passion because of how it can help raise awareness. The lack of knowledge about aba therapy is a problem that needs to be solved and the parent class will help with that.

While the stress of a final product idea is gone, there is new stress of completing the final product. It will be a lot of work, but hopefully will be fun and rewarding. The stress will always be there until the final product is finished, but maybe that will help keep up the motivation and keep everything moving along on time.