

It Slowly Becomes Easier

Weekly Report Thirteen 11/27/2017-12/03/2017

Week thirteen was an exciting week. After all the interviews and phone calls, I have finally found a mentor to help guide my learning through the ISM journey. There was a lot of anxiety surrounding the topic of needing to pick a mentor. The ideal situation would be for the mentor to be a person with which there was an automatic click; there would be no forced conversation. The only problem was that the year was progressing quickly and the mentor needed to be found as soon as possible. Therefore having finally found a mentor, takes off a lot of stress.

Now that the mentor has been found, the next obstacle to conquer is the original work. The main dilemma with the original work is knowing where to start. Creating a treatment plan is hard because due to HIPAA laws, therapists can not give out their patients treatment plans. This means that there is no basic outline to go over or create a base for the original work. The best solution to this could be to ask therapists if they have a blank outline of a treatment plan that they use as a base when creating patient's treatment plans. This means that this next week needs to be spent making calls to professionals asking if they have a blank outline they use to create treatment plans that they could send.

This past weeks have been easier than the prior weeks spent in ISM. There is starting to be a pattern that is followed. The creation of this pattern and system has made ISM a lot easier. It prevents the procrastination which has been a common problem throughout all of the year in ISM. Hopefully this system will continue to work and prevent procrastination in the class.